



# WELSH BACCALAUREATE National (Post-16)

## Community Challenge Health and Social Care Social Isolation



**Available for assessment from September 2015**

## Social Isolation

### PURPOSE

The purpose of the Community Challenge is to develop learners' skills, whilst encouraging learners to identify, develop and participate in opportunities that will benefit the community. During the Community Challenge learners will explicitly develop skills of **Planning and Organisation** and **Personal Effectiveness** and apply them in an appropriate manner.

### BRIEF

We all have a social responsibility and should be aware of the challenges and opportunities we may meet on a personal level in our local community: the local area, the nearest village, town or city. During this Challenge you will focus on real-life concern of social isolation and through activities aim to make a difference in the community. You will need to consider whether you need to develop and extend your skills, knowledge and understanding to be able to successfully meet the needs of the Challenge.

There are an increasing number of groups within society who are becoming socially isolated. Using skills, knowledge and understanding developed through your Health and Social Care/Childcare course you and/or your team (3-6 members) must identify a group of people who are at risk of becoming socially isolated. You must actively participate over at least 10 hours to further develop, support and implement opportunities by providing a series of weekly sessions that support their social and emotional wellbeing. This could for example be through events such as coffee shop meetings, rent-a-granny schemes, breakfast/luncheon clubs, story sacks or exercise programmes.



You must show that you have used research and linked with others to explore the impact of social isolation on communities and that you have evaluated the effectiveness of your sessions on groups and individuals.

Remember you will need to consider:

- What skills are required to complete this task?
- What skills need to be developed in order to complete this task?
- Time available
- Health and safety issues
- Support and guidance required
- Impact on the local community

This Challenge will enable you to develop as effective and responsible members of your local community. In completing the Community Challenge you will be able to recognise the contributions you can make towards improving the community in which you live and the benefits this will have for yourself, for others and for the environment. You will demonstrate how you can create and manage an action plan when developing opportunities for the community and with the use of feedback can reflect and review your personal performance in planning and carrying out the activity.