UNIT 3 – Child Focused Task (30%)

Candidates will complete one task chosen from the following two tasks. The task must be aimed at children 1-5 years and the time allocation for this task is 15 hours.

1. Numeracy is an important intellectual skill.
   (i) Identify and investigate numeracy skills and how they can be acquired by a child.
   (ii) Plan and make an item that will help a child’s development of numeracy skills.

2. Protein and calcium are essential for the growth and development of the body.
   (i) Identify and investigate the functions and sources of these nutrients in the diet of a child.
   (ii) Plan and make a selection of savoury and sweet dishes which will provide these nutrients in a child's diet.