

UNIT 3 – Child Focused Task (30%)

Candidates will complete one task chosen from the following two tasks. The task must be aimed at children 1-5 years and the time allocation for this task is 15 hours.

1. Numeracy is an important intellectual skill.
 - (i) Identify and investigate numeracy skills and how they can be acquired by a child.
 - (ii) Plan and make an item that will help a child's development of numeracy skills.

2. Protein and calcium are essential for the growth and development of the body.
 - (i) Identify and investigate the functions and sources of these nutrients in the diet of a child.
 - (ii) Plan and make a selection of savoury and sweet dishes which will provide these nutrients in a child's diet.