

GCE AS/A LEVEL PSYCHOLOGY Teacher Network September 2019 – August 2020

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This document contains links shared by teachers on the WJEC Psychology Teacher Network between September 2019 and August 2020.

Skills

[Daily review activities](#)

[Learning scientists posters](#)

[Learning Scientists stickers](#)

[Science of learning](#)

[Advice for aspiring psychologists](#)

[Most students struggle to take effective lecture notes. Here are two ways to help them](#)

[What psychology tells us about the appeal of halloween](#)

[10 Tips For Creating Rapport In The Classroom](#)

[Retrieval Practices' Impact On Test Anxiety And Stress](#)

[Psychology Visits](#)

[The psychology of voting](#)

[The psychology of voting digested](#)

[3 rules to spark learning](#)

[The Boys Who Only Develop A Penis When They Hit The Age Of 12](#)

[Psychologists call for mental health support for teachers and students alike](#)

[Why Facts Don't Convince People \(and what you can do about it\)](#)

[Six Strategies for Effective Learning: A Summary for Teachers](#)

[BPS Digest](#)

[School curriculum overhaul for Wales published](#)

[Learning Scientists](#)

[Rosenshine - Principles of Instruction](#)

[APA Society for the teaching of psychology](#)

[How to achieve your new year's resolutions according to psychology](#)

[Tackling test anxiety - some practical tips](#)

[I'm a Scientist - Get me out of here](#)

[This Video Dispels Every "Nature VS Nurture" Myth You've Ever Heard. The Implications are Profound.](#)

[Six research tested ways to study better - APA](#)

[These two revision strategies can prepare you for an exam much better than just restudying your notes](#)

[People with genetic skin condition more likely to present with psychological disorders](#)

[How to keep mentally healthy during uncertain times](#)

[This weird, sound-induced illusion makes you think that your finger has grown longer](#)

[How psychology researchers are responding to the COVID-19 pandemic](#)

[Netflix 'Babies' trailer](#)

[Netflix '100 humans' trailer](#)

[Netflix 'The Mind Explained' trailer](#)

[Netflix 'The Creative Brain'](#)

[Three Identical Strangers - Channel 4](#)

[Stacey Dooley On the Psych Ward](#)

[OCD: A Monster In My Mind - Horizon](#)

[Coronavirus and your wellbeing – for young people MIND](#)

[How to be your best self in a time of crisis - TED](#)

[Nomophobia Questionnaire - Psytoolkit](#)

[Why some people are more altruistic than others - TED](#)

[Coping with life in isolation and confinement during the Covid-19 pandemic](#)

[Mental Health Wellness Tips for Quarantine](#)

[What's the Matter with Tony Slattery?](#)

[ATP](#)

[Psychology@BangorUniversity](#)

[Your 'Surge Capacity' Is Depleted — It's Why You Feel Awful](#)

Unit 1

Biological Approach

[What brain supplements can and can't do, according to a neuroscientist](#)

[How to spot a murderer's brain](#)

[Antidepressants work, but just not how scientists thought they worked](#)

[Brain Hemisphere Hat](#)

[The Brain Box](#)

[Leading Neurocriminologist Considers Joker "a Great Educational Tool"](#)

[Classic Study: Raine et al \(1997\) Flashcards Preview](#)

[Raine Mind map](#)

[Psychosurgery](#)

[24-Year-Old Woman Finds Out She Was Born Without Cerebellum](#)

[Brain lesson plans](#)

[BrainU Neuroscience for teachers and their students](#)

[BRAIN AWARENESS WEEK LESSONS](#)

[Instructions for using The Brain Box](#)

[How the Brain Can Rewire Itself After Half of It Is Removed](#)

[How neuroscience is exploding the myth of male and female brains](#)

[Neuroscience Reveals: Gratitude Literally Rewires Your Brain to be Happier](#)

[What Makes a Murderer](#)

[How Evolutionary Psychology Explains Human Behavior](#)

[When thinking about your personality your friends brain activity is surprisingly similar to your own](#)

[Human Brain Organoids: the Science, the Ethics](#)

[Acclaimed scientist gets brain surgery for alcohol addiction](#)

[The medications that change who we are](#)

[DeepMind found an AI learning technique also works in human brains](#)

[Baby and adult brains 'sync up' during play](#)

[When thinking about your personality your friends' brain activity is surprisingly similar to your own](#)

[Severe childhood deprivation reduces brain size, study finds](#)

[Learning difficulties 'link to brain connections'](#)

[How what you eat directly influences your mental health](#)

[You can grow new brain cells. Here's how](#)

[Researchers Were Not Right About Left Brains, Study Suggests](#)

[Monkeys Wake From Anaesthetic When Brain Region Linked to Consciousness Is Stimulated](#)

[A TINY AREA OF THE BRAIN MAY ENABLE CONSCIOUSNESS, SAYS "EXHILARATING" STUDY](#)

[Blind Woman Sees With New Implant, Plays Video Game Sent Straight to Her Brain](#)

[Teen born without half her brain has above average reading skills](#)

[Brain activity can help predict who'll benefit from an antidepressant](#)

[Is an Antidepressant Right for You? Ask Your Brain Waves](#)

[Online Neuroscience Courses - Harvard University HK](#)

[Emotions are represented in the brain in similar way to visual information](#)

[Scientists monitor brains replaying memories in real time](#)

[Living with half a brain](#)

[Body Click: What makes us tick - BBC Horizon](#)

[The Brain: A Secret History Episode 1](#)

[The Brain: A Secret History Episode 2](#)

[The Brain: A Secret History Episode 3](#)

[Elon Musk Reveals New Details About Neuralink, His Brain Implant Technology](#)

[What are mini brains?](#)

[Comparative efficacy and acceptability of antidepressants, psychotherapies, and their combination for acute treatment of children and adolescents with depressive disorder: a systematic review and network meta-analysis](#)

Psychodynamic Approach

[Freud and Psychoanalysis: Ask Any Question!](#)

[Dream analysis](#)

[Dream Interpretation: What Do Dreams Mean?](#)

[How the Unconscious Works](#)

[Controversial psychology tests are often still used in US courts](#)

[History vs. Sigmund Freud - TED Ed](#)

[Did Freud 'Borrow' His Ideas on Sexuality? Discover 30/05/2020](#)

[What do our dreams mean? BBC Culture 13/05/2020](#)

[How dreams change under authoritarianism](#)

[30 Years Ago, Romania Deprived Thousands of Babies of Human Contact](#)

Behaviourist Approach

[THE SEARCH FOR PSYCHOLOGY'S LOST BOY](#)

[Research shows praising children five times a day has positive impact](#)

[Sleep-training and babies: why 'crying it out' is best avoided](#)

[How to praise pupils perfectly](#)

[Does handing out 'merits' improve behaviour?](#)

[Psychopaths Show Enhanced Amygdala Activation during Fear Conditioning](#)

[The kingdom of dogs](#)

[Building the Perfect Squirrel Proof Bird Feeder](#)

[Can Victoria reverse damage done by shock collar?](#)

Cognitive Approach

[Alzheimer's memory loss reversed by new head device using electromagnetic waves](#)

[Learn to Recognize Your Negative Thinking Traps](#)

[Work of renowned UK psychologist Hans Eysenck ruled 'unsafe'](#)

[Drinking alcohol focuses our attention on the external features of faces with implications for eyewitness memory](#)

[Exclusive: The Bunny Effect](#)

[DeepMind found an AI learning technique also works in human brains](#)

[Getting some sleep doesn't make eyewitnesses any better at identifying suspects](#)

[BBC Eyewitness](#)

[Timing is crucial for creating accurate police sketches from eyewitness descriptions](#)

[Public belief in memory myths not actually that widespread study argues](#)

[Science vs. Fiction: False Memory Implants](#)

[New therapy more effective than CBT for depression - University of Manchester](#)
[18/05/2020](#)

[Neuroscience for kids](#)

Positive Approach

[I Now Suspect the Vagus Nerve Is the Key to Well-being](#)

[Want to be happy? Be grateful](#)

[People who try to be environmentally friendly by buying less stuff are happier](#)

[What makes you happy?](#)

[Why Forest Bathing Is Good for Your Health](#)

[Just One Week of Mindfulness Meditation Can Help Ease Stress](#)

[Turning Negative Emotions Into Positive Motivation](#)

[Abstaining from social media doesn't improve wellbeing experimental study finds](#)

[How Caregivers Can Cultivate Moments of Positivity](#)

[Neuroscience Reveals: Gratitude Literally Rewires Your Brain to be Happier](#)

[BPS calls for child wellbeing to be at the heart of politics](#)

[Wellbeing: How to end the term healthy](#)

[A Mindfulness Practice for Stressed-Out Parents](#)

[Living beyond limits](#)

[How Trees Help You Stress Less](#)

[The Best Science-Backed Mindfulness Practices for Stress](#)

[8 Best Positive Psychology Podcasts To Give a Listen](#)

[Martin Seligman Authentic happiness discussion](#)

[Yale Is Offering Its 'Science of Well-Being' Course for Free Online](#)

[How a Lack of Gratitude Kills Relationships](#)

[Brief Summary of Mindfulness Research](#)

[Carol Dweck - The power of believing that you can improve](#)

[Rethink Blue Monday](#)

[In pursuit of happiness](#)

[The Amazing Effects of Gratitude](#)

[Mindfulness at School Improves Critical Learning Skills](#)

[Grit: the power of passion and perseverance](#)

[Regular access to meditation apps improves staff wellbeing and performance](#)

[For parents happiness is a very high bar](#)

[The 'flow state': Where creative work thrives](#)

[World happiness and psychedelic placebos](#)

['Happiness is contagious too': caring for each other makes us feel better](#)

[Practicing Resilience](#)

[Yale is offering it's mental well being course for free online](#)

[Martin Seligman in conversation with Richard Layard](#)

[What is flow and how it can help you achieve more.](#)

Relationships

[Why Younger Women Prefer to Date Older Men](#)

[John Marsden on the 'toxic' parenting pandemic: 'I've never seen this level of anxiety'](#)

[How a Lack of Gratitude Kills Relationships](#)

[Baby and adult brains 'sync up' during play](#)

[When thinking about your personality your friends' brain activity is surprisingly similar to your own](#)

[Siblings who believe their family has a lower social-standing are more likely to experience mental health difficulties](#)

[The origin and evolution of love](#)

[Love: is it just a fleeting high fuelled by brain chemicals?](#)

[The quality of the relationship between parents can shape their children's life paths](#)

[The Dark Matter of Love](#)

[From Romania With Love](#)

Unit 2

Debates

['Time outs' don't do any harm, parents told](#)

[Understanding learning: education and neuroscience](#)

[Does Consciousness Exist Outside of the Brain?](#)

[Lab-grown mini brains: we can't dismiss the possibility that they could one day outsmart us](#)

[In a First, Patient Controls Two Prosthetic Arms with His Thoughts](#)

[Research shows praising children five times a day has positive impact](#)

[The scientist who grows tiny brains in her laboratory](#)

[How neuroscience is exploding the myth of male and female brains](#)

[Designer baby revolution could be only two years away, research suggests](#)

[The People Lost Between Consciousness and Death](#)

['Lifeless' baby about to be taken off life-support machine opens eyes](#)

[The Mystery of Consciousness and the Vegetative State](#)

[Neuroscience study finds amygdala activity is related to bullying behaviors in adolescents](#)

[Human Brain Organoids: the Science, the Ethics](#)

["NEUROSCIENCE SHOULD TRANSFORM OUR UNDERSTANDING OF CRIMINAL RESPONSIBILITY"](#)

[Explore Neuroscience](#)

[An Ethical Future for Brain Organoids Takes Shape](#)

[We Need to Unlock the Brain's Secrets—Ethically](#)

[Getting some sleep doesn't make eyewitnesses any better at identifying suspects](#)

[BBC Eyewitness](#)

[Timing is crucial for creating accurate police sketches from eyewitness descriptions](#)

[Learning difficulties 'link to brain connections'](#)

[Science vs. Fiction: False Memory Implants](#)

[Small-brain link to long-term antisocial behaviour](#)

[US bans shock 'treatment' on children with special needs](#)

[Open Learning - Eyewitness](#)

[What are mini brains?](#)

[Physical play with Fathers may help children control emotions, study finds](#)

[The science of fatherhood: How your body and brain change when you become a dad](#)

Methodology

[Research shows bearded heads are worst in country](#)

[Are you a nice person? Brain scans can tell how generous you are](#)

[Want to know whether a psychology study will replicate-just ask a bunch of people](#)

[The replication crisis lowers the public's trust in psychology but can that trust be built back up](#)

Unit 3

Addictive Behaviours

[Genes matter in addiction](#)

[Genes and Addictions](#)

[Genes Affect Your Risk for Addiction](#)

[Online Shopping Addiction Is A Mental Health Condition, Psychotherapists Claim](#)

[Brain implants used to fight drug addiction in US](#)

[Problem gambling: Why do some people become addicted?](#)

[Acclaimed scientist gets brain surgery for alcohol addiction](#)

[It's Time to Change How We Talk About Disorders of Addiction](#)

[What causes addiction?](#)

[Cannabis Use Makes Young Brains More Sensitive to Cocaine, Finds Rodent Study](#)

[UK gambling addiction much worse than thought - Guardian 19/05/2020](#)

[Charity brings drug treatments to addicts' doors in lockdown - Guardian 17/05/2020](#)

[Who uses drugs and why?](#)

[Everything you know about addiction is wrong - TED](#)

Autistic Spectrum Behaviours

[Autism: the lost girls](#)

[Autism Study Finds Unusual Patterns of Amygdala Connection with Other Brain Regions](#)

[ANXIETY, THE AMYGDALA, AND AUTISM](#)

[The scientist who grows tiny brains in her laboratory](#)

[Cheap diuretic pill could help with autism symptoms](#)

[Autism: stem cell clinics are offering treatments despite lack of evidence it works](#)

['How I hid my autism to fit in'](#)

[What people think they know about autism bears little relation to their actual knowledge](#)

[Autism isn't a defect: here's why we should embrace neurodiversity](#)

[The World Needs Neurodiversity: Unusual Times Call For Unusual Thinking](#)

[Autistic people make great social partners if you actually give them a chance](#)

[The role of Psychologists in autism-related policy and practice in Canada Psynopsis Vol. 1 2020](#)

[Amygdala, the brain's threat detector, has broad roles in autism](#)

[Autism in girls](#)

Bullying Behaviours

[Who gets bullied? Using genetic information to identify individual vulnerabilities](#)

[Bullying is in the genes, study suggests](#)

[Neuroscience study finds amygdala activity is related to bullying behaviors in adolescents](#)

[Bullies and their victims show different patterns of brain activity to emotional faces](#)

[Bullied Kids find silver lining in distance learning](#)

[Cyberbullying, Mental Health, and Other School-Safety Takeaways for School Reopening](#)

Criminal Behaviours

[Crime tsar meets Cheshire offender who says: 'Restorative justice improved my outlook on life'](#)

[How to spot a murderer's brain](#)

[Neuropsychiatry of frontal lobe dysfunction in violent and criminal behaviour: a critical review](#)

[Neurobiological Aspects of Violent and Criminal Behaviour](#)

[Leading Neurocriminologist Considers Joker “a Great Educational Tool”](#)

[What Makes a Murderer](#)

[Psychopaths Show Enhanced Amygdala Activation during Fear Conditioning](#)

[Small-brain link to long-term antisocial behaviour](#)

[Long-term offenders have different brain structure, study says](#)

[Netflix 'Inside the Criminal Mind' trailer](#)

[UK police fear explosion of violent crime as lockdown eases - Guardian 16/05/2020](#)

[Coronavirus: Domestic abuse website visits up 10-fold, charity says - 27/05/2020 BBC](#)

[Can restorative justice help heal our post pandemic world?](#)

[Adolescents from disadvantaged neighborhoods show gene regulation differences](#)

Schizophrenia

[Risks of cannabis use for mental health treatment outweigh benefits](#)

[Does Marijuana Use Cause Schizophrenia?](#)

[The Effect of Cannabis on the Brain: Can it cause brain anomalies that lead to increased risk for Schizophrenia?](#)

[Digital therapy for insomnia shows how technology can be harnessed to improve sleep and mental health](#)

[Syndrome society: Stop normalising mental illness and labelling children as disordered, says top psychologist](#)

['Mutating genes are key to treating schizophrenia' says top neuroscientist](#)

[Expressed Emotion in Schizophrenia: An Overview](#)

[Recent advances in understanding mental illness and psychotic experiences](#)

[Bacterial infections in pregnancy may make schizophrenia more likely](#)

[People Born Blind Are Mysteriously Protected From Schizophrenia](#)

[People born blind are mysteriously protected from schizophrenia](#)

[What is schizophrenia?](#)

[Schizophrenia: Stolen minds, stolen lives](#)

[People with delusions understand metaphor differently – here's how it could help explain schizophrenia](#)

[Roots of Mental Illness](#)

Stress

[How to cope under pressure according to psychology](#)

[Taking a placebo can reduce anxiety before an exam even when you know the pills are inert](#)

[Adrenal Responses to Stress](#)

[Adrenaline, Cortisol, Norepinephrine: The Three Major Stress Hormones, Explained](#)

[Narcissists less likely to experience stress or depression, says study](#)

[Feeling 'snug' at home makes Brits feel relaxed and de-stressed](#)

[What's the difference between stress and anxiety?](#)

[The Stressful Discovery of Type A Personality](#)

[Why we need a better understanding of how PTSD affects families](#)

[How Trees Help You Stress Less](#)

[The Best Science-Backed Mindfulness Practices for Stress](#)

[How to be good at stress](#)

[Nearly all middle school teachers are highly stressed, study finds](#)

[10 Surprising Ways to Calm an Anxious Child](#)

[The stresses of the way we work now](#)

[Under stress at work? Just remember: Don't believe what you think.](#)

[Student minutes a day in nature could reduce stress and anxiety](#)

[The difference between worry, stress and anxiety](#)

[The Stresses of the Way We Work Now](#)

[How to make stress your friend](#)

Controversies

[Hair is an extension of the nervous system—Why Native American Indians keep their hair LONG](#)

[My furry therapist](#)

[Researchers assume white americans are more representative of humankind than other groups according to analysis of psychology paper titles](#)

[Dogs can smell cancer](#)

Unit 4

Personal Investigations

[ARGOS CATALOGUES](#)

Inferential statistics

[Research Methods - Choosing Inferential Statistics](#)