



WELSH BACCALAUREATE

Advanced

Community Challenge

Improving Social Wellbeing – Corneli Cudd



Available for assessment from September 2019



Improving Social Wellbeing



PURPOSE

The purpose of the Community Challenge is to develop learners' skills, whilst encouraging learners to identify, develop and participate in opportunities that will benefit the community. During the Community Challenge learners will explicitly develop skills of **Planning and Organisation** and **Personal Effectiveness** and apply them in an appropriate manner.

BRIEF

In this Challenge you will be given the opportunity to make a positive contribution to a local community, a care home of your choice. Learners will focus on real-life concerns and needs through activities which aim to make a real difference. The challenge should enable you to develop as effective and responsible members of the community. In completing the Community Challenge, you will be able to recognise the contributions you can make towards improving the chosen community and the subsequent benefits this will have for you, for others and for the community. Where appropriate, you will be able to demonstrate independence, responsibility and the importance of listening whilst working well with others.

You will have the opportunity to develop musical, organisational, performance and collaborative skills to operate 'Corneli Cudd's (*Hidden Corners*) musical residency in a care home of your choice. This challenge is offered by the Pontio Arts and Innovation Centre, Bangor University. This challenge encourages pupils to use music, whether singing, playing an instrument or using digital music, in order to reach the hidden corners (*Corneli Cudd*) of the care home. You will create a relationship through music with residents, including those living with dementia. You will be doing this in an innovative and flexible way by taking your music to all physical hidden corners of the home, and you will become part of the care home community.

This challenge encourages music pupils to work and perform in ways which are different to the usual, to be open to challenges, to think on their feet and to work well with others.

As an individual or working with a team (3-6 members) you will plan, organise and implement a social wellbeing initiative to help improve the physical, emotional and social wellbeing of members of the community. You must spend a **minimum of 30 hours** completing the following:

1. Preparation for the residency including:
 - a) Selecting a Care Home
 - b) Organising and practising a repertoire of songs
(at most 4 hours)
2. a) Operating the musical residency in the care home
c) Sharing experiences of the residency through video, oral presentation or a sharing event with pupils, teachers and members of the Care Home management team
(minimum of 26 hours)