

GCSE PHYSICAL EDUCATION (SHORT COURSE)

Why choose GCSE Physical Education (Short Course)?

The WJEC GCSE Physical Education (Short Course) qualification will enable you to engage in a practical course, designed to encourage you to be inspired, motivated and challenged by the subject and enable you to make informed decisions about further learning opportunities and career pathways.

Through studying GCSE Physical Education (Short Course), you will acquire the knowledge, understanding, skills and values to develop and maintain your performance in physical activities and understand the benefits to health, fitness and well-being.

What will I study?

The specification in physical education will enable you to make connections between theory and practice so that you are able to apply your understanding of the factors that underpin physical activity and sport and use this knowledge to improve performance.



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What skills will I develop?

By studying physical education you will be able to:

- develop theoretical knowledge and understanding of the factors that underpin physical activity and sport and use this knowledge to improve performance
- understand how the physiological state can affect performance in physical activity and sport
- perform effectively in different physical activities by developing skills and techniques and selecting and using tactics, strategies and/or compositional ideas
- develop their ability to analyse and evaluate to improve performance in physical activity and sport
- understand the contribution which physical activity and sport make to health, fitness and well-being

How will I be assessed?

Unit 1: Introduction to physical education will be assessed through a written examination

- **1 hour**
- **50% of qualification**
- **50 marks**
- **A range of short and extended questions. The questions will be based on visual stimuli and other sources.**

Unit 2: The active participant in physical education will be assessed through non-examination assessment: marked by your teacher, externally moderated by WJEC. This includes two different activities in the role of performer.. This unit is worth 50% of the total qualification.

Practical Assessment:

- **Two different activities in the role of performer from the approved list found in the specification**

Careers with GCSE Physical Education

This qualification will build on subject content which you will have been taught at Key Stage 3 and will provide a suitable foundation for the study of physical education and sport at Level 3 for example the WJEC A level Physical Education. This qualification will also provide a coherent, satisfying and worthwhile course of study for you if you do not progress to further study in this subject.