

Suggested project titles for Unit 5

Is it easier to avoid obesity by having a vegetarian diet?

Does the provision of a school breakfast club improve concentration levels?

Is it possible to have a balanced diet on a low budget?

Does the current trend for juicing provide a healthy balanced diet?

Is it possible to have a sugar free diet and still eat processed foods?

Is it possible to change your diet without the assistance of weight loss clubs?

Is the range of conflicting advice available on health and diet confusing the general public?